

# OTTER TRAIL GUIDE

## TIDES JAN 2020

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0520	1943	0738	1935	0059	1336
2	0521	1943	0826	2022	0137	1430
3	0522	1943	0932	2129	0225	1544
4	0522	1943	1053	2308	0338	1717
5	0523	1943	1205	----	0523	1832
6	0524	1944	0038	1301	0640	1925
7	0524	1944	0136	1348	0731	2008
8	0525	1944	0221	1431	0815	2048
9	0526	1944	0302	1514	0856	2127
10	0527	1944	0343	1557	0936	2205
11	0528	1944	0423	1639	1017	2244
12	0529	1944	0504	1721	1059	2323
13	0529	1943	0545	1803	1143	----
14	0530	1943	0628	1846	0002	1228
15	0531	1943	0713	1930	0042	1316
16	0532	1942	0802	2019	0125	1409
17	0533	1942	0859	2119	0213	1513
18	0534	1942	1010	2246	0312	1643
19	0535	1942	1136	----	0439	1825
20	0536	1941	0029	1253	0625	1934
21	0537	1941	0141	1354	0736	2025
22	0538	1940	0235	1444	0828	2106
23	0539	1940	0319	1528	0911	2141
24	0540	1939	0358	1606	0948	2213
25	0541	1939	0433	1640	1022	2242
26	0543	1938	0505	1711	1053	2310
27	0544	1938	0535	1739	1124	2336
28	0545	1937	0604	1806	1154	----
29	0546	1936	0633	1834	0003	1226
30	0547	1935	0703	1903	0030	1259
31	0548	1934	0738	1936	0059	1338

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

